



Move Healthcare. Covid-19 Home Care Safe Work Instructions - December 2021

Move Healthcare employees are not permitted to work if they:

- are identified as a close contact of a person with confirmed COVID-19 in the last 14 days,
- are a casual contact of a person with confirmed COVID-19 and have not returned a negative nose/throat PCR test result.
- are not fully vaccinated, as per the [Public Health \(COVID-19 Care Services\) Order 2021](#),
- are living with a person identified as a close contact,
- are waiting for a COVID-19 test result,
- have [COVID-19 symptoms](#),
- have been to an overseas country of concern in the last 14 days
- have been to other overseas countries (not of concern) in the previous 14 days, unless they are fully vaccinated and have received a negative PCR test 7 days or later after their arrival.

Precautions to minimise risk prior to sessions:

- Pre-screening by SMS (24 hrs) and email (48 hrs) will take place prior to each appointment.
- Staff will participate in weekly Covid 19 surveillance screening. This involves staff taking 2 self-administered rapid Antigen tests during the week. Test results will be saved and documented. If a positive result is returned the staff member will take a nose/throat PCR test immediately and isolate as appropriate until results are returned.
- All staff will complete infection prevention and control training, including personal protective equipment training where relevant. Measures to ensure standard infection prevention and control precautions will always be stringently followed.

Precautions to minimise risk during sessions

- All staff must wear a surgical mask when providing therapy services (please see section below on face masks)
- Staff actively ask clients about symptoms and close contact/casual contact status of themselves and household members upon arrival. If staff become aware of a client with symptoms, that client should be supported/advised to get tested and isolate, if they have not already done so, and to seek medical advice from their general practitioner or HealthDirect on 1800 022 222 to manage their health symptoms.
- Staff to always check in and use QR codes where available.
- Maintain 1.5m distance from others wherever possible and safe to do so, minimising close contact during the provision of service.

- Minimise the number of people present in the room in which the service is provided, (it is recommended that infants are accompanied by a parent/carer)
- Where possible and if safe to do so, perform session outdoors
- If sessions need to take place indoors, ensure rooms are well ventilated
- Staff to use alcohol-based hand sanitiser at the start and end of each session, and during sessions as needed if contact is made with another person
- Therapy Equipment cleaned and disinfected before and after each use.
- If therapy sessions are provided outside the home environment, clean and disinfect and surfaces that may be touched (e.g hand rails if practising walking up and down stairs in the community).

Face Masks:

- All staff must wear a surgical mask when providing therapy services.
- It is strongly recommended that the residents/client/patient wear a surgical mask during the provision of the service. Move Healthcare can provide these to our clients if needed.
- A staff member or visitor may remove their mask for the following reasons; while communicating with another person who is deaf or hard of hearing, if wearing a mask creates a risk to health and safety, where clear enunciation or visibility of your mouth is essential
- Anyone removing a mask for one of the above reasons should maintain 1.5m distance from others wherever possible.

Extra precautions

- Inform clients, family members and support workers about alternate methods of conducting sessions if appropriate (i.e tele-health).
- If a Move Healthcare staff member is identified as a casual contact, we will notify all relevant clients and ask them if they would like to proceed with face to face, telehealth or postpone their sessions.
- Should a Move Healthcare employee be identified as a casual contact, and subsequently take a nose/throat PCR test which is negative, the employee will still undertake daily rapid antigen tests for 7 days following the negative PCR test.

Where and when to seek advice

- Contact Martin via his mobile number (0434 278 200) if you have any concerns or queries.
- Seek the advice of the NSW Health Public Health Unit if you are in doubt or have concerns about how to appropriately mitigate risk when providing home care services on 1300 066 055.